

Usdaw Supporting Parents and Carers



#LiftThePressure

The Coronavirus crisis has left many working parents and carers feeling stressed and exhausted at work.

Usdaw is here to help. You can contact your Usdaw rep, call Usdaw on **0800 030 80 30 or visit our website www.usdaw.org.uk/UnderPressure for more information on your rights as working parents and carers.**

