

## Mental Health Awareness Course

Sign up for a short online course with Usdaw. Visit www.usdaw.org.uk/OLGhealth







## Learning Through the Usdaw Gateway

Usdaw's Learning Gateway can start you learning in whatever subject you are interested in.

- You can find courses to improve your English and Maths, develop your digital skills or learn a language.
- You can use the Gateway for personal and career development or just to learn for interest or fun.
- The courses are either online or 'distance learning' so you can learn wherever you want to at the time that suits you.
- Many of the courses are free or subsidised for Usdaw members so everyone can afford to learn.

from your Union Learning Rep or via your Regional Office or Usdaw's **Education and Training Department,** call 0800 030 80 30 or visit www.usdaw.org.uk/LearningGateway to get started.

















