## **Supporting Parents** and Carers Spotlight Day **Stand Up For Carers**

26 June 2024





Every year Usdaw organises a campaign day to support members who are parents and carers. This year we are putting the focus on carers.

Significant numbers of our members are balancing their jobs with unpaid care and whilst this can be a very rewarding experience, it can also be hugely demanding.

Carers simply don't get the recognition or support they need and deserve.

Caring often comes with additional costs that can have a significant impact on carers' finances and many carers experience financial hardship as a direct result of the care they provide.

And yet the vital unpaid work that carers carry out has been valued at £530 million every day, helping both the NHS and the social care system from being overwhelmed and holding families together.

It is not acceptable that so many unpaid carers are experiencing financial difficulties and it is time that unpaid carers were properly valued and supported.

This is why our theme for our campaign this year is Stand Up For Carers.

On Wednesday 26 June Usdaw will be holding a national campaign day, called a Spotlight Day, and I very much hope that you can get involved.

Usdaw reps and members will be putting up posters at work, handing out leaflets to colleagues and setting up campaign stalls in workplaces, staff canteens and shopping centres to support the campaign.

This campaign pack explains how to get involved and what support you will receive from Usdaw.

I hope you will decide to get involved on Spotlight Day. I know hundreds of reps find it an enjoyable way of showing members and non-members that Usdaw is not just there for when things go wrong at work.

If you require any further information about Spotlight Day, please do not hesitate to contact Usdaw's Equalities Office on 0161 224 2804 or email parentsandcarers@usdaw.org.uk

Paddy Lillis

**General Secretary** 

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**#StandUpForCarers** 









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26 June 2024

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Please return your completed form NO LATER than Friday, 10 May 2024. JSDAW CANNOT GUARANTEE TO FULFIL ORDERS RECEIVED AFTER THIS DATE.

I am organising a large campaign event.	I would like a noticeboard pack.
1 Campaign Briefing 50 Survey Forms 100 Postcards 2 Campaign A4 Posters 30 Working Carers Know Your Rights Lft 343 30 Flexible Working Lft 346 30 Time Off For Family And Care Emergencies Lft 349 30 Working Parents Know Your Rights Lft 381 30 Worried About Money? Know Your Rights Lft 385 30 New Rights For Carers Factsheet 2 A1 Stall Display Posters 4 Stall Table Edgings 20 Campaign Bookmarks 20 Campaign Notepads 20 Campaign Nail Files 15 Campaign Bags of Sweets 15 Campaign Keyrings	<ul> <li>Campaign Briefing</li> <li>Survey Forms</li> <li>Postcards</li> <li>Campaign A4 Poster</li> <li>Working Carers Know Your Rights Lft 343</li> <li>Flexible Working Lft 346</li> <li>Time Off For Family And Care Emergencies Lft 349</li> <li>Working Parents Know Your Rights Lft 381</li> <li>Worried About Money? Know Your Rights Lft 385</li> <li>New Rights For Carers Factsheet</li> </ul>
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