

Not All Disability is Visible Campaign



Thank you so much for organising campaign activity to raise awareness of hidden disability in your workplace.

In the UK, 1 in 5 people have a disability. Most disability is not visible or immediately obvious to others.

Speech and language difficulties, reduced sight, chronic fatigue syndrome, colitis, autism, depression, migraine and asthma are just a few examples of hidden disabilities. There are many, many more.

The issue of hidden disability is important because, although we have come a long way in recent years, the idea that 'real' disability can be seen is still widespread. This means that members living and working with hidden impairments sometimes struggle to get their disability taken seriously.

The work reps and members are doing to support members with hidden disability is phenomenal. Thank you and have a great campaign.

If you require any further information please do not hesitate to contact Usdaw's Equalities Office on **0161 224 2804** or email **equalitymatters@usdaw.org.uk**

Yours Sincerely

A handwritten signature in black ink that reads "Paddy Lillis".

Paddy Lillis, General Secretary

